## JOURNALY

Facilitating treatment of bi-polar disorder.

#### BIPOLAR DISORDER



# 1 in 50

Canadians reported symptoms consistent with **bipolar disorder** at some point in their lifetime



# Counselling sessions only measure snapshots in time.





Journal Therapy is prescribed between counseling sessions to document mood experiences, but time-consuming for counselors to review before next appointment.



Sentiment analysis with AI can quickly & quantitatively assess "mood" from text.

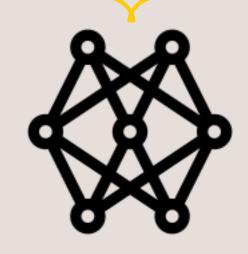
#### Sentiment

"I am happy today" positive

"I am sad today" negative

### Sentiment Analysis

"I am happy today"



Recurrent Neural Net



Sentiment



## JOURNALY

Team 14 Demo

#### Social Impact



COUNSELORS: GREATER UNDERSTANDING OF PATIENT PROGRESS IN LESS TIME



PATIENTS: BETTER TREATMENT



CANADA: LOWER MENTAL HEALTH BURDEN

#### Implementation and Adoption

- Cooperate with **research groups** (ie. NSERC-Engage grant)
  - Reduce biases in data
  - Improve user experience (ie. gamification opportunities)
- Counselor champions for adoption
- Government funding
  - Ontario Centre of Excellence grants
  - Federal Government funding for Mental Health and Addictions

#### **Future Features**

- Be able to derive sentiment from **handwritten notes and photos**
- PHIPA compliant for health data privacy and security concerns
  - Large amounts of data to identify trends